



## Tool for Personal Growth: Awakening the Inner Self through Spiritual Seva

Have you reflected on your attitude toward spiritual seva? We encourage you to spend some time reflecting on your motivation for offering seva and what you could do to elevate your level of selflessness.

### Reflection Questions:

1. What does seva mean to me?

2. What intention guides my seva today?

3. What principles guide my seva and seva *bhav*?

4. Who am I truly serving?

5. What am I receiving from seva?

6. To what extent am I able to serve with humility?



7. How has seva transformed me from within?

8. How can I offer my unique gifts today?

The desire to serve God/Guru is a divine gift. Having reflected on your seva and the desire to elevate your seva *bhav*, here is a prayer of gratitude to the Divine for opportunities to serve with loving devotion.

### **Dedication Prayer to Shree Radha Krishna**

O Divine Lord, so gentle and kind,  
Your wisdom illumines my heart and mind.

I aim to serve You with love and surrender,  
Please bless me so I become a worthy contender.

Please grant me humility, free from pride,  
Purity that dwells forever inside.

May I seek nothing, neither reward nor gain,  
Only Your pleasure, freedom from complaints.

May each thought, word, and action be humble and sweet,  
Like a flower I place at Your lotus feet.

Please accept this garland, woven with care,  
My life is Your seva, my only prayer.

If you need to speak with anyone about involvement in seva, please feel free to contact us at [samarpanteam1119@gmail.com](mailto:samarpanteam1119@gmail.com). Please also give us some time to respond.  
Thank you.